

# 兒童及青少年 臨床心理服務

# Child Clinical Psychology Service

For enquiries and appointments,  
please contact us at:

## Child Clinical Psychology Service

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### Service Hours

Monday to Friday: 9:00 am – 6:00 pm  
Saturday: 9:00 am – 1:00 pm  
Closed on Sundays and Public Holidays

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養和醫院  
Hong Kong Sanatorium & Hospital

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Growing up in our modern and rapidly changing society, children may encounter multiple environmental changes and stresses, giving rise to psychological and emotional disturbances such as developmental delays, learning difficulties, eating/sleeping problems, anxieties, compulsive behaviours, attention problems, etc.

With clinical psychology service, a clinical psychologist attempts to understand an individual's condition through clinical interview, observation and psychometric assessment tools. Child clinical psychologists are trained to contribute to the assessment and management of most problems in behaviour and development. They facilitate the adjustment of children and their families to stressful life events, such as hospitalization, bereavement, parents' divorce, social problems and academic pressures. The management of children's problems may be handled by a psychologist alone, in collaboration with other professionals, or by appropriate referral.



Those in need of clinical psychology service include children and adolescents who have emotional, mental, learning and behavioural problems.

## Services

### Psychological Assessment

- Intellectual assessment
- Assessment of dyslexia
- Assessment of Attention Deficit Hyperactivity Disorder (ADHD)
- Assessment of Autistic Spectrum Disorder
- Assessment of anxiety and depression
- Emotional and behavioural assessment

### Psychological Counselling/Therapy

- Individual behavioural/emotional counselling (including cognitive behaviour therapy)
- Parent counselling
- Play therapy